



Stronger Together:

Connecting Yesterday, Today & Tomorrow



May 16-17, 2022
Doubletree Hotel by Hilton
Columbus, OH
614/885-3334

Program Schedule

OASC Celebrates 63years

Stronger Together: Connecting Yesterday, Today and Tomorrow

Monday, May 16th

7:30 a.m.

Registration

7:30 – 9:00 a.m.

Vendor Marketplace

7:30 – 9:00 a.m.

Breakfast

8:00-9:00 a.m.

Opening Remarks

Keynote Address: Happiness @TheSpeedofLife:

Five Prescriptions for Resilience in a VUCA-Pandemic World

Jim Smith

9:00 – 9:10a.m.

BREAK

9:10-10:10 a.m.

MORNING SESSION:

Why Does Grandpa Smell Like BenGay?

Scott Warrick, Esq

Age Friendly Communities

Marisa Sheldon, The Aging Friendly Initiative of Columbus

Happiness, Stress, & The Quest for Wellness

Jim Smith, The Happiness Coach

Certification Study Session

Bryan Glover, OASC Board Member

10:10-10:20 a.m.

BREAK

10:20 – 11:20 a.m.

Cultural Competency Program

John Cummings, LGBT Eldercare

Practical Policies & Procedures

Shon Gress, Mike Turner and Deborah Huff, OASC Board Members

Accreditation Do's & Don'ts

Bryan Glover & Connie Huntsman, OASC Board Members

11:20 – 11:30 a.m.

BREAK

11:30-1:00 p.m.

Vendor Marketplace Open

11:30 – 1:00 p.m.

LUNCH

12:00 – 12:10 p.m. OASC President

12:10 - 12:30 p.m. ODA Update – *Ashley Davis, Chief, Elder Connections Division*

12:30 – 1:00 p.m. Awards Presentation

Business Meeting

Basket Raffle

Monday, May 16th - Afternoon Sessions

1:00 – 1:40 p.m. **Vendor Marketplace Open**

1:40 – 2:40 p.m. **New Director Bootcamp**
Bryan Glover, OASC Board Member

Creative Ways to Attract Seniors with Technology
Joanne Westwood, Marketing Consultant

Asset-Limited Income-Constrained Employ (ALICE) Program
Dr. Lisa Courtice, president and CEO of United Way of Central Ohio

2:40 – 2:50 p.m. **BREAK**

2:50 – 3:50 p.m. **Believe and Empower:**
How to Support Survivors of Sexual and Interpersonal Violence
Mady DeVivo, Prevention Educator, YWCA Dayton

Dementia Champions Part 1
Bonnie Burman, Sc.D. Council for Cognitive Health
This is a 2-part session – you MUST complete both sessions to earn credit and become a Champion

Electronic Visit Verification
Chris Hamilton, My Senior Center

Certification Testing
Bryan Glover, OASC Board Member

3:50 – 4:00 p.m. **BREAK**

3:50 – 5:00 **Vendor Marketplace Open**

4:00 – 5:00 p.m. **Dementia Champions Part 2**
Bonnie Burman, Sc.D. Ohio Council for Cognitive Health
This is a 2-part session – you MUST complete both sessions to earn credit and become a Champion

A Public Approach to Falls Prevention
Elizabeth Fries, Falls Prevention Coalition

Wages, Retaining and Attracting Employees
Maureen Fagans, OASC Board Member & Marc Molea, OAGE

Certification Testing
Bryan Glover, OASC Board Member

Monday, May 16th - Evening Events

5:00 – 7:00 p.m. **Dinner Break (Enjoy a nice dinner on your own at a local restaurant before returning for the evening fun!)**

7:30-8:30 p.m. **Trivia and Cash Bar**

Who doesn't love coming up with the right answer? That little burst of dopamine we get when challenged with a trivia question, we just happen to know is similar to the thrill of gambling or playing video games, but without the downsides. And it's akin to sticking our brains on a treadmill for twenty minutes. Exercise is as crucial for the mind as it is for the muscles. As we age, our ability to retain information decreases. Fortunately, the more we draw on facts and information we've memorized over the years, the more likely they are to stay with us. Trivia acts as a workout for the frontal cortex and, like any workout, it strengthens that part of our brain and keeps the mind sharp.

Trivia is a perfect activity for older adults for these reasons, but there is an additional benefit. Playing trivia involves reminiscing about good times people had when they were younger. It takes people out of their ordinary days and thoughts and promotes thinking and talking about things they haven't thought of in years. You *may* want to try trivia and your senior center. You *will definitely* want to attend this special trivia night as you connect and bond with other conference attendees. Teams of 4 will compete against each other for 1st, 2nd and 3rd prize. If you don't have a team of four, no problem- we will put you on a team with others! A great way to network and have some fun!

Tuesday, May 17th

7:30 a.m. **Buffet Breakfast**

7:30 – 9:00 a.m. **Vendor Marketplace Open**

8:00-9:00 a.m. **Keynote Speaker Chad Willett**
“Smash the Box”

9:00-9:10 a.m. **BREAK**

9:10-10:10 a.m. **Combatting Social Isolation with Technology**
Jamie Jones, Best Buy Health

Mental Health, Trauma and the Global Pandemic: Workforce Implications
Matt Diamond, Clinical Supervisor, North Central Behavioral Health

Rip off the Rearview Mirror
Chad Willett

10:10 - 10:20 a.m. **BREAK**

10:20 – 11:20 a.m. **Legislative Advocacy**
Erik Mikkelsen, Esq. Senior Director State Government Relations Hick Partners LLC

Best Practices for Senior Centers
Danielle Brogley, OASC Conference Committee Member

Bingocize
Stephanie FallCreek, OASC Board Member

11:30 – 12:00 p.m. Closing Session – Basket Raffle

OASC 63rd Annual Spring Conference

May 16-17, 2022

DoubleTree Hotel Columbus-Worthington

Purpose

The purpose for this training intensive is to demonstrate the importance of leaders clearly communicating an agency's "vision" to all levels of staff. To show that "shared vision" will allow positive ownership of agency's various projects and mission in providing quality services for the older adults within a community.

Objectives

Participants will attend breakout sessions geared toward: administration, activities, wellness, and social services. All sessions will revolve around the role of senior centers in providing services to meet the needs of a growing and ever changing "global" older population. Tomorrow's older adults will be healthier, active and much more resourceful. Therefore, service providers must continue to grow, explore and develop techniques, which will encourage tomorrow's older adults to participate in positive life enrichment activities. At the end of the event participants will be able:

- To create an engaging "non-threatening" and fun environment of learning
- To train leaders the art of communicating effectively
- To demonstrate the various ways and means of conveying a "vision"
- To help develop a "vision" that everyone can buy into.

Target Audience

This conference is designed for the senior center director, manager, social worker, nurse, activity director, and care staff who work in the senior center environment and are interested in the greater understanding of the complexities of senior center operations and care of older adults.

Hotel Information

DoubleTree by Hilton 175 Hutchinson Ave Columbus, OH 43235 – A block of rooms have been secured for guests attending the event and can be reserved by contacting the hotel directly at 614/885-3334 and using our group code **OASC** at the special conference rate of **\$114 single or double occupancy**. An additional charge of \$10 per/person will apply for the third and fourth person per guest room. Deadline to reserve your room is May 1, 2022. Guest check-in time is 4:00pm and check-out time is 11:00am. Attendees can reserve a room within the group block until May 1, 2022 at the link below

www.my-event.hilton.com/ohioassociationofseniorcenters2022/

Cancellation Policy

In order to receive a partial refund of your registration fee, your cancellation request must be received in writing prior to April 29, 2022. A \$30 administrative fee (per person) will be charged, **regardless of the reason for cancellation** (including medical emergencies). **NO REFUND** of any kind, for any reason, will be given for cancellation requests received after April 29, 2022. OASC **cannot** make exceptions to this policy. Refunds will be issued within 15 business days after the conference concludes.

Continuing Education

This activity has been planned and implemented in accordance with the requirements and policies of the following continuing education approval programs:

Ohio Association of Senior Centers (OASC) – pending approval

National Council of Certified Activity Professionals (NCCAP) – pending approval

Ohio Counselor, Social Worker and Marriage and Family Therapist Board (CSWFTB) – pending approval

Planning Committee

List full name	role in activity (Chair, Planning Committee, Author, etc)
Malinda Ruble	Planning Chair
Connie Huntsman	Planning Co-Chair
Barb Klingensmith	Planning Committee
Shelley Ratliff	Planning Committee
Deborah Huff	Planning Committee
Danielle Brogley	Planning Committee
Kimberly Corey	Staff

OASC Board Members

NAME	PSA	Email
Connie Huntsman, President	8	chuntsman@oneillcenter.com
Jodi Warnecke, Past President	3	jodi@putnamcoa.org
Anna Tobin, President-Elect	6	atobin@mowfc.org
Stephanie FallCreek, Secretary	10A	SFallCreek@fairhillpartners.org
Barb Klingensmith, Treasurer	11	barbk@countryneighbor.org
Bryan Glover	5	director@woh.rr.com
Deborah Huff	10A	dhuff@rrcity.com
Denise Niese	4	dcniese@wccoa.net
Holly Cottrill	6	pscholyc@yahoo.com
Jamie Smith	9	Jsmith@tuscsc.org
Malinda Ruble	4	maumeeseniorcenter@gmail.com
Maureen Fagans	2	mfagans@unitedseniorservices.org
Mike Turner	8	usac701@gmail.com
Robert Warren	3	safety@auglaizeseniorservices.com
Robin Richter	4	rjrichter@glcap.org
Shelley Ratliff	2	sratliff@prebleseniorcenter.org
Shon Gress	9	sgress@guernseysenior.org



2022 Annual Spring Conference
“Stronger Together:
Connection Yesterday, Today and Tomorrow”

For those who plan to arrive Sunday evening, feel free to meet in the hotel bar or other common areas for casual conversation and informal networking.

Ohio Association of Senior Centers
3757 Indianola Ave.
Columbus, OH 43214





OASC 63rd Annual Spring Conference

May 16-17, 2022
 DoubleTree Hotel Columbus-Worthington
Registration (Mark your choice)

Non-Member Rates			Member Rates		
Early Bird	\$319		Early Bird	\$289	
After 4-15-22	\$339		Early Bird Certified	\$269	
Monday Only	\$245		After 4-15-22	\$309	
Tuesday Only	\$150		Certified - after 4-15-22	\$289	
			Monday Only	\$225	
			Certified Monday Only	\$215	
			Tuesday Only	\$130	
			Certified Tuesday Only	\$125	

Certification Registration: (*circle level needed*) Testing Session Monday 2:50-5:00 pm will begin promptly at 3:00pm

- Certification Test** (\$50 Support Staff; \$75 Senior Center Program Planner; \$75 Senior Center Manager; \$100 Professional of Aging Serv; \$125 Sustaining Level; \$125 Administrator of Aging Services) - **COMPLETE ONLY IF YOU ARE TAKING THE TEST.**
- ALL** attendees wanting CEU Credit must pay \$10
- Certification Test Study Session
- If you need to RECERTIFY, you will need to complete the application previously mailed to you and submit with all required documentation. Questions? Contact the OASC Office 1-800-796-6272**

Attendee Information

Name: _____ Email: _____
 Organization: _____ Org Phone: _____
 Address: _____
 City/State/Zip: _____

Credit Card Payment MUST BE DONE ONLINE at:

<https://ohioasc.wufoo.com/forms/oasc-2022-conference-registration/>

Complete & Return this form with Payment to: OASC, 3757 Indianola Ave, Columbus, OH 43214.

Extra Meal Purchase: All meals are included in your registration (see exhibit level for meals included with your level). Only complete this section if you need an extra meal or have a guest joining you who will need a meal. **Circle all that apply.**

Monday Breakfast - \$38 x _____,
Monday Lunch - \$45 x _____, Tuesday Breakfast - \$38 x _____

Hotel Room Reservation:

Attendees can reserve a room within the group block until May 1st, 2022 at the link below – www.my-event.hilton.com/ohioassociationofseniorcenters2022/ or by contacting the Central Reservations line at 1-800-870-0349 and reference **group code OASC.**

Registration Deadline: May 1, 2022 – For Information contact OASC at 800/796-6272
 Make Checks payable to OASC & mail to: 3757 Indianola Ave * Columbus, OH 43214

Monday, May 16

<input type="checkbox"/> Breakfast Buffet		7:30 – 9:00 am
<input type="checkbox"/> Happiness @TheSpeedofLife		8:00 - 9:00 am
Sessions		9:10 - 10:10 am
<input type="checkbox"/> Why Does Grandpa Smell Like BenGay?	<input type="checkbox"/> Happiness, Stress & the Quest for Wellness	
<input type="checkbox"/> Benchmarks	<input type="checkbox"/> Certification Study Session	
Sessions		10:20- 11:20 am
<input type="checkbox"/> Cultural Competency	<input type="checkbox"/> Practical Policies & Procedures	
<input type="checkbox"/> Accreditation Do's and Don'ts		
<input type="checkbox"/> Lunch		11:30 am - 1:00 pm
<input type="checkbox"/> ODA Update		12:30 – 1:00 pm
Sessions		1:40 – 2:40 pm
<input type="checkbox"/> New Directors' Bootcamp	<input type="checkbox"/> Creative Ways to Attract Seniors with Technology	
<input type="checkbox"/> ALICE Program		
Sessions		2:50 – 3:50 pm
<input type="checkbox"/> Certification Testing (\$ Fees apply)		
<input type="checkbox"/> Believe and Empower	<input type="checkbox"/> Dementia Champions Part 1	
<input type="checkbox"/> Electronic Visit Verification		
Sessions		4:00 – 5:00 pm
<input type="checkbox"/> OASC Certification Testing (\$ Fees apply)	<input type="checkbox"/> A Public Approach to Falls Prevention	
<input type="checkbox"/> Dementia Champions Part 2	<input type="checkbox"/> Wages, Retaining and Attracting Employees	
<input type="checkbox"/> Trivia Night		7:30 pm

Tuesday, May 17

<input type="checkbox"/> Breakfast Buffet		7:30 - 8:30 am
<input type="checkbox"/> Smash the Box – Chad Willett		8:00 - 9:00 am
Sessions		9:10- 10:10 am
<input type="checkbox"/> Combatting Social Isolation with Technology	<input type="checkbox"/> Employee Mental Health	
<input type="checkbox"/> Rip Off the Rearview Mirror		
Sessions		10:20 - 11:20 am
<input type="checkbox"/> Advocacy 101	<input type="checkbox"/> Bingocize	
<input type="checkbox"/> Best Practices		
Closing Session – Basket Raffle		11:30 am – 12:00 pm

Please plan to follow the current local health and safety masking guidelines. Attendees should feel free to wear masks if they choose to do so.